



Wesley Fencing at Lancaster Hall (aka 'Lancaster Fencing Club') 2021 Session Times and Fees

Term Dates: Term 1: 24 February – 31 March (6 weeks)
Term 2: 21 April – 23 June (10 weeks)
Term 3: 14 July – 15 September (10 weeks)
Term 4: 6 October – 3 November (5 weeks)

Sessions: Wednesdays, **6.45 – 9.00 pm** at Lancaster Hall, Wesley Uniting Church Complex, Corner National Circuit and Fitzroy Street, Forrest. Training in all weapons (foil, epee and sabre)

- Warm-up and footwork (7.00 – 7.30)
- Drills and individual lessons (7.30 – 8.00)
- 5-hit bouts (8.00 – 8.30/9.00); 15 hit bouts (8.30 – 9.00)

Session Fees (*pro rata payments can be arranged*)

- \$250 per year for **fully equipped** continuing fencers
- \$300 (\$250 + \$50 for gear rental) per year for fencers using Lancaster equipment
- \$125 Beginner class for 5 week beginner/revision course (see separate flier)
- \$20 per person per hour for "Come and try" sessions with individual tuition

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| (a) Bank Transfer to Account Name: Wesley Fencing at Lancaster Hall BSB: 062 900
Account Number: 1060 4316 Ref: RN-{Your Name} |
| (b) Cheque to <i>Wesley Fencing at Lancaster Hall</i> |
| (c) Cash (payable at fencing) |

Insurance:

- Insurance for non-competing fencers will be included in Session Fees.
- Fencers competing in State and National competitions must affiliate with the Australian Fencing Federation Ltd (AFF) through the ACT Fencing Association Inc (ACTFA) prior to the first competition. Affiliation can be completed using the form:
http://www.actfa.org.au/home/index.php?option=com_content&view=article&id=1226&Itemid=459

Equipment and tournaments:

Our fencing program covers competitive and social fencing. Competitive fencers receive specialist tuition, need FIE standard gear (800/1600 Newtons) and are encouraged to enter local and national tournaments (for more details see www.actfa.org.au/). Social or recreational fencers need club level equipment (350 Newtons), attend club sessions and join in friendly club level tournaments.

For more information, please contact Principal Coach/Head of Program Dr Anna Robinson – anna.robinson@bigpond.com Mobile: 0409 773 747
