



2023

Term 1 5-week Beginner Fencing Course

SESSIONS: Wednesdays 7.15 - 8.45 pm for five weeks
March 8 to April 5 inclusive

LOCATION: Lancaster Hall, Wesley Uniting Church Complex, Corner
National Circuit and Fitzroy Street, Forrest, ACT

FEES: **\$125 (covers tuition, equipment and insurance)**

- | |
|--|
| <ul style="list-style-type: none">• Bank Transfer to Account Name: Wesley Fencing at Lancaster Hall
BSB: 062 900 Account Number: 1060 4316 Ref: RN-{Your Name}• Cash (payable at fencing) |
|--|

- Please wear long track pants, long-sleeved sweatshirt and trainers/sneakers
- Bring a glove to protect your fencing hand (left/right handed)
- All specialised fencing equipment (foil, mask and plastron) is provided
- Sessions presented by experienced, accredited coaches in a friendly club environment.
- The coach for this course will be **John Milthorpe**.

To register your interest and for more details please contact **Anna Robinson**, Principal Coach, Wesley Fencing at Lancaster Hall / Lancaster Fencing Program.

Email: anna.robinson@bigpond.com **Mobile:** 0409 773 747