



ACT MOZZIES U11/U13 2013

TEAM TRAINING

We are trying a new approach to training our ACT Mozzies U11/U13 team prior to competing in the Koala Cup (previously the Friendship Cup) being held in Sydney in late November.

As an ACT team, our junior competitors are drawn from clubs across Canberra. In an effort to bring the kids together, foster friendships and team cohesion, Thompson Quan Wing will be running five training sessions in all three weapon disciplines over the next couple of months.

Training sessions will be run at the Australian National University Fencing Club alongside ANU Club training on Sunday mornings on the following dates:

SESSION ONE Sunday 8th September, 10.30-noon

(Big gap here of five weeks between 8th September and 13th October is so people can attend the Southern Highlands competition on 15th September and the Riverina Fencing Championships on 21st/22nd September, and unavailability of the ANU Hall.) This also means there will be no sessions held on the first two Sundays of the ACT school holidays.

SESSION TWO Sunday 13th October, 10.30-noon

SESSION THREE Sunday 27th October, 10.30-noon

SESSION FOUR Sunday 10th November, 10.30-noon

SESSION FIVE Sunday 17th November, 10.30-noon

REQUIREMENTS All Mozzies team members will need current ACTFA membership to participate in training. They will also need to bring along all their own gear and equipment (or be able to borrow some gear and equipment) and have full parental supervision at all times during training sessions.

PAYMENT \$75 for all five training sessions.

FURTHER INFORMATION If your child is intending to join in on the fun of the Koala Cup this year then please contact Tamsin Walkden (Anthony Gambale's mum from CDDC) by **WEDNESDAY 4TH SEPTEMBER** to let us know you want to participate in these special training sessions. tamsin.walkden59@gmail.com

NB: Please note that these training sessions are **NOT** mandatory to participate in the Koala Cup.