## Women's Come and Try Fencing Day

Ever wanted to have a stab at fencing, but never got the chance?



The ACT Fencing Association, in conjunction with the ANU Fencing Club, invites you to come along on

## Sunday 6<sup>th</sup> May from 9am – 1pm, at ANU Sport and Rec Building To try your hand at Foil, Epee and Sabre,

followed by lunch at Debacle for those interested.

The morning will include warm up, an hour's introductory lesson to basic fencing with Coach Anna Robinson and a chance to try all three weapons using electric scoring boxes, just like at The Olympics!

> This is a FREE event for the morning, but places are limited! Lunch at Debacle is \$21 pp for a banquet.

Email womensfencing@gmail.com to register your place

(and tell us what hand you fence with ☺). Include your Name, contact number and whether you'll be joining us for lunch in the message

This event is strictly for women **16yrs+** by women (guys, if you're interested contact <u>anu.delegate@actfa.org.au</u> for further information)

