



2010
NATIONAL FENCING FORUM
COACHES CONFERENCE
FENCERS CAMP



Queensland Government

AUSTRALIAN ACADEMY OF FENCING
NATIONAL FENCING FORUM



Queensland Government **Currimundi Active Recreation Centre, Sunshine Coast, Queensland**

Friday 26th Nov – 3rd Dec 2010

THE FORUM

Salle En Garde! Inc., is fortunate to be hosting the 2010 **NATIONAL FENCING FORUM** at Currimundi Active Recreation Centre on the Sunshine Coast from Friday 26th November – Friday 3rd December 2010.

The **FORUM** consists of a **Coaches Conference** as preparation for the AAF – AAI Examinations and a **Fencers' Training Camp** as preparation for the Australian National Fencing Championships which will be held in Brisbane from Friday the 3rd – 7th December 2010.

COACHES CONFERENCE Friday 26th Nov – 3rd Dec 2010

The Coaches Conference consists of: Lectures and Workshops on: General Coaching Principles (NCAS Levels 1-2), Fencing Theory, Pedagogy of group instruction (foil & artistic), sport-specific pedagogy of the Individual Lesson : Foil, Epee, Sabre, plus 3 hrs/day of practice in the giving of individual lessons plus AAF Assessment and AAI Accreditation. The supervised practice of giving individual tuition is a crucial part of the Specialist Coach's education and assessment. Candidate Coaches will be required to give numerous individual lessons, in all disciplines, in varying lengths of time and be able to accommodate all standards as part of the practical assessment. Pre-requisite: Level 2- 3 NCAS or equivalent.

The Coaches Package is \$350.00 and includes: accommodation, meals, lectures & notes, workshops, practical training sessions and copies of the *En Garde!* Manual/s and *En Garde!* The Serious Fencers' Training Diary

An Examination Fee of \$150 per discipline or \$300 includes all 3 (Foil, Epee, Sabre) applies for sitting the AAF (Prévost) and AAI (Maître) examination/assessment.

FENCERS CAMP Friday 26th Nov – Wednesday 1st Dec 2010

The 6 day/ 5 night Training Camp consists of Lectures , Workshops, Group Instruction and Individual Tuition on Training for optimal performance (physiological, technical, psychological and tactical), Fencing Theory, Artistic/Stage Fencing, 3+ hrs/day of supervised practice including individual lessons, *En Garde!* The Serious Fencers' Training Diary, Camp Competition and a Skit Night.

The Fencers' package is \$650.00 and includes: accommodation, meals, lectures & notes, workshops, practical training sessions, daily individual lessons and *En Garde!* The Serious Fencers' Training Diary.

The **Currimundi Active Recreation Centre** also offers classes in Surfing, High Ropes and Canoeing with facilities for: Tennis Courts, Swimming Pool, Bush Walks and Surf Beach.

FORUM STAFF All Staff are AAF–AAI Fencing Masters

Prof. Mike O'Brien, Maître Cornel Vena, Maître Gary Worsfield, Maître Barry More and Maître Julien Mouchet.

Conference Candidates: Prévost Tynan Worsfield, Prévost Mark Scully, and Coaches: Ramone Sarmiento, Scott Arnold, Mitzy Ferguson & Joseph Del Vecchio

PLEASE NOTE: The Camp's accommodation (including staff) is limited to only 48, and so to avoid disappointment, it would be highly recommended that you make your booking early.

Proudly Supported & Financially Assisted by  **Queensland** Government

-----APPLICATION TO ATTEND-----

NATIONAL FENCING FORUM - Coaches CONFERENCE & Fencers CAMP

Currimundi Active Recreation Centre, Sunshine Coast, Queensland

CAMP: Friday 26th Nov – 1st Dec 2010

CONFERENCE: Friday 26th Nov – 3rd Dec 2010

NAME

ADDRESS:

EMAIL ADDRESS:

PHONE/S:

D OF B:

FENCING &/or COACHING Standard/Experience: (if insufficient space, please use reverse side of form)

I am also interested in (please circle) surfing, canoeing, swimming pool, lake/beach, table tennis, tennis courts.

I wish to attend the FENCERS' CAMP (please circle): Full Camp \$650

I wish to attend the COACHES CONFERENCE (please circle) Full Conference \$350

AAI Examination: \$150 per discipline or \$300 for 2+ disciplines. Please state disciplines: F,E,S,A

DEPOSIT: A Deposit of 50% is required on booking and if successful, the balance will be due 19th November 2010. If unsuccessful your deposit will be fully refunded less a small handling fee to cover postage.

CHEQUES Payable to: Salle En Garde! Inc.

and post to: PO Box 2049 Woorim, Bribie Island, Qld. 4507 Australia

INTERNET BANKING: Salle En Garde! School of Fencing

Bank - CBA Branch - Kawana Waters

BSB - 4447 AC - 1039 2560

PLEASE NOTE: Applications will not be accepted without a Deposit