



[www.actfa.org.au](http://www.actfa.org.au)

The  
***ACT Fencing Association***  
is pleased to announce a

***Level 1 Coach Course***

**Saturday, 27<sup>th</sup> July, 9am to 4pm**

***Brumbies meeting room*** Building 29, UC campus

**Sunday, 28<sup>th</sup> July, 11am to 3pm**

***ANU Sports Hall*** Building 19, ANU campus

<b>Cost</b>	<b>ACTFA members</b>	<b>\$80</b>
	<b>non-members</b>	<b>\$100</b>

**Registrations via RegisterNow website:**

<https://www.registernow.com.au/secure/Register.aspx?E=35270>

**Trainers:**

Mark Booth: *is a Level 2 coach in all three weapons and has been coaching in the ACT since 2010. He has been a coach for over 30 years and has coached in the UK, New Zealand and the USA as well as in Australia.*

Darryl Durham: *has extensive experience in working with National and State Sporting Organisations in the areas of governance, strategic planning, policy development, coaching and officiating training and development.*

**Saturday Schedule:**

**9:00** – Introduction, Ethics & Terminology  
**10:00** – break  
**10:30** – Pedagogy  
**12:30** – break  
**1:30** – Weapon Focus Group  
**3:30** – Sunday's schedule and activities.  
**4:00** - Finish

**Sunday Schedule:**

**11:00** – warm up, Agility & Fitness  
**11:45** – Footwork, Group work, Drills  
**1:00** – LUNCH BREAK  
**1:30** – Monitored Bouts  
**2:15** – Warm down, Stability and Stretching work  
**2:45** – Q&A  
**3:00pm** – finish

Please arrive a few minutes early so we can start on time.  
Bring note taking materials and lunch.

**Please note you are required to complete both days to be eligible for level 1 accreditation.**

If you have any problems finding the venue, please call 0448 183 868 on the day for assistance.