



Beginner Level Fencing Course 5-weeks - Term 3, 2017

SESSIONS: Wednesdays 7.00 - 8.30 pm for five weeks
August 9 - September 6

LOCATION: Lancaster Hall, Wesley Uniting Church, Corner National Circuit and Fitzroy Street, Forrest.

COST: \$50 for the 5-week course payable by direct deposit or bank transfer (or pay at first session):

Account name: **Wesley Fencing at Lancaster Hall**
BSB: **062 900** Account: **1060 4316** Ref: **RN-{Your Name}**

+ **\$50** beginner registration (to cover insurance). Please register online prior to the first session (payment by credit card) at [2017 Online Membership Form](#)

- Participants must be a minimum of 13 years of age
- Under 13's are welcome provided a parent also takes the course
- Wear long track pants, long-sleeved sweatshirt and trainers/sneakers
- Bring a glove to protect your fencing hand (left/right handed)
- All specialised fencing equipment (foil, mask and plastron) is provided
- Sessions presented by experienced, accredited coaches in a friendly club environment. The coach for this course will be John Milthorpe.

To register your interest and for more details please contact **Garry Webster**, Program Manager, Lancaster Fencing Club

Email: lancaster.delegate@actfa.org.au

Mobile: **0418 464 401**